



Maradiva Villas Resort & Spa  
Wolmar | Flic en Flac | Mauritius  
T: +230 403 1500 | [maradiva.com](http://maradiva.com)



## Maradiva Holistic Wellbeing Spa Packages

Elevate Your Wellness Experience



Embark on an extraordinary journey of self-discovery and revitalization with our hand-picked assortment of holistic wellbeing packages. Crafted with meticulous care, each of these experiences orchestrates a symphony of rejuvenating treatments, mindful practices, and serene escapes. As you step into this realm of holistic indulgence, allow your body, mind, and spirit to converge harmoniously, creating a true sense of enchantment.

## “Rejuvenate at Maradiva” Package

### Indulge in Wellness Luxury at your leisure – A ten treatment package

Commence on a transformative voyage to rejuvenate your senses with our exclusive “Rejuvenate at Maradiva” spa package where every moment is devoted to relaxation and renewal. You choose how intensive you would like your journey – whether it’s a treatment a day or every other one, it’s up to you. Savour every treatment as you melt into pure relaxation and enjoyment.

#### Package Inclusions:

- Immerse yourself in the luxury of having ten, **60-minute treatments** of blissful relaxation and pampering to experience at your convenience. We will provide these exquisite treatments as gift vouchers.
- Begin your journey with a refreshing welcome drink, setting the tone for your serene escape.
- Embrace the serenity of our state-of-the-art wet areas, offering access to steam, sauna, laconium, chill pool, and heated pool facilities.
- Experience your **60-minute spa treatment** that transcends time, melting away stress and revitalizing your body.
- For seekers of ancient wisdom, a **consultation** with our esteemed Ayurvedic doctor is seamlessly woven into your experience.

#### Terms & Conditions:

- Each voucher remains valid for an indulgent 6-month period from the date of purchase, ensuring you have ample time to savour these moments at your leisure.
- While non-refundable in cash, the gift vouchers offer the flexibility to choose from our wide range of services or offers that align with your preferences.
- The luxury of transferring the voucher extends to you, allowing you to share the gift of wellness with loved ones.





# OUR DESTRESS PACKAGES

## 3-Day Relaxing Moments Package

Experience a curated journey into serenity with our exclusive “3-Day Relaxing Moments” spa package. Tailored for those seeking a brief yet deeply rejuvenating escape, this offering beckons you to leave behind the stresses of daily life and immerse yourself in a realm of pure tranquillity and renewal.

### Package Highlights:

- Consultation of 30-minutes with our esteemed Ayurvedic doctor, aligning your wellness journey with personalized insights.
- Massage of 60-minute massage, melting away tension and ushering in harmony.
- Delve deeper into relaxation with a lavish 120-minute massage.
- Radiate from within with a revitalizing 60-minute facial.
- Find inner balance with a 60-minute session of yoga and meditation, guiding you towards serenity and mindfulness.





## 5-Day Harmony & Relaxation Package

### A Journey to Inner Equilibrium

Designed to rejuvenate both body and soul, this comprehensive offering beckons you to indulge in a sequence of massages and healing treatments, creating a symphony of tranquillity and renewal. Embark on a blissful journey towards inner balance.

#### Package Highlights:

- Consultation of 30-minutes with our distinguished Ayurvedic doctor, tailoring your experience to your unique needs.
- Experience the magic of a 60-minute massage.
- Delve deeper into serenity with a 90-minute massage.
- Luxuriate in the embrace of tranquillity with a lavish 120-minute massage.
- Elevate your radiance with a 60-minute facial, unveiling your inner glow.
- A 60-minute session of yoga and meditation, guiding you to inner serenity.
- Savour a customized 60-minute massage.
- Immerse in tranquillity with a 30-minute head massage, soothing the mind.
- Reconnect with a 30-minute foot massage, grounding and revitalizing.
- Discover harmony through a 30-minute lifestyle recommendation session.





## 7-Day Relax Holiday Package

### A Week of Total Revival

Embark on a transformative journey to revive and rejuvenate your entire being with our indulgent “7-Day Relax Holiday” spa package. This comprehensive week invites you to experience head-to-toe pampering, a symphony of treatments enveloping you in serenity and elevating your wellbeing -

#### Package Highlights:

- A 30-minute consultation with our esteemed Ayurvedic doctor, setting the stage for a personalized journey of renewal.
- Two 60-minute massages, inducing relaxation and restoration.
- Delight in a 90-minute massage nurturing body and spirit.
- A lavish 120-minute massage, journeying into deep relaxation and harmony.
- Elevate radiance with a 60-minute facial, revealing inner luminosity.
- Find balance with a 60-minute session of yoga and meditation, guiding you to mindfulness.
- Immerse in a customized 60-minute massage.
- Soothe the mind with a 30-minute head massage.
- Ground yourself with a 30-minute foot massage.
- Revel in a 30-minute scrub session, a luxurious skin treat leaving you invigorated.
- Discover harmony with a 30-minute lifestyle recommendation session.





# OUR WELLNESS PACKAGES – Revel in holistic bliss

Experience profound well-being through a series of well curated spa experiences, thoughtfully recommended by our Ayurvedic physician during your consultation.

## 3-Day spa indulgence retreat package

Pause and prioritize your well-being with our specially crafted 3-Day Spa Indulgence Package. Take this opportunity to realign and rejuvenate.

### Unveil the Benefits:

- Consultation of 30-minutes with our Ayurvedic expert (subject to availability)
- A blissful 60-minute Ayurvedic session
- 120 minutes of sheer indulgence with our Pavani treatment
- A radiant 60-minute facial therapy

## 5-Day Rejuvenation Package – Embrace Renewal

Allow your commitment to a healthy lifestyle to flourish even during your holiday. Let our expert care guide you towards rediscovering equilibrium and revitalizing your mind and body.

Revel in a holistic experience that empowers your well-being.

### This rejuvenation package includes:

- Consultation of 30-minutes with our Ayurvedic specialist (subject to availability)
- A tranquil 60-minute scrub and wrap session
- 90 minute Ayurveda session
- An indulgent 60-minute aromatherapy session
- A soothing 60-minute facial treatment
- A 30-minute head massage and a 30-minute foot massage
- 30 minutes of personalized lifestyle recommendations





## 7-Day Intensive Rejuvenation Journey

Embark on a wellness journey of unparalleled benefits, meticulously designed to harmonize both body and mind, fostering a profound sense of serenity and well-being.

### This rejuvenation package includes:

- Consultation of 30-minutes with our Ayurvedic specialist (subject to availability)
- A refreshing 60-minute scrub and wrap experience.
- 90 minutes of rejuvenating aromatherapy
- 105 minutes of Ayurvedic bliss
- 60-minute facial therapy session
- A customized 30-minute massage
- 120-minute Tejas treatment
- 30-minute head massage,
- Foot massage of 30-minutes
- A blissful 90-minute Ananda session
- 30 minutes of lifestyle recommendations tailored to you





# OUR AYURVEDIC REJUVENATION PACKAGES:

## Awaken your vitality & inner harmony through Ayurveda

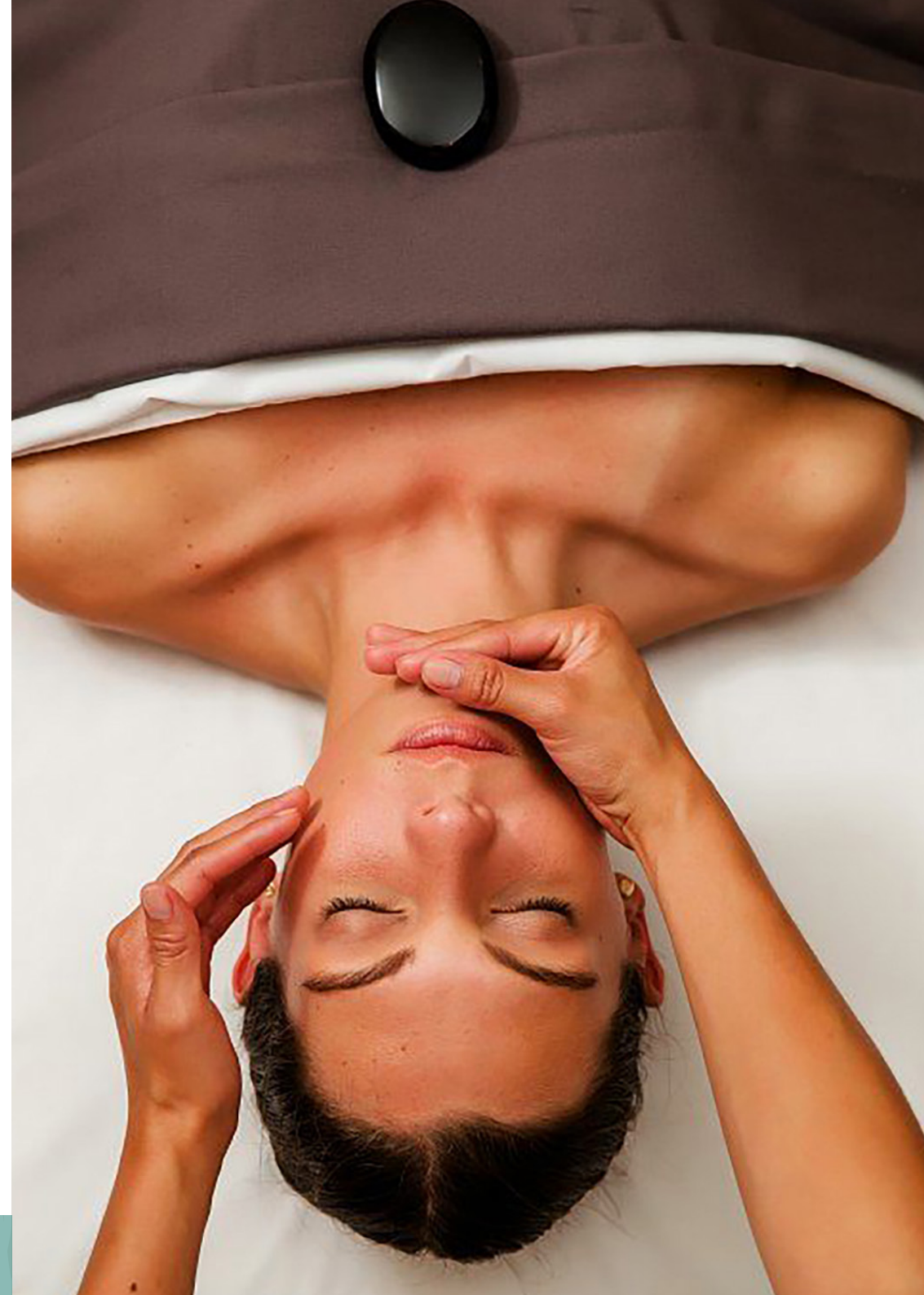
Complement your holistic wellbeing journey with our Ayurvedic Rejuvenation Packages, meticulously designed to embrace the ancient wisdom of Ayurveda. Rooted in the Tri-dosha theory, these offerings offer a personalized approach to health and wellness, aiming to lead you towards a balanced life while managing health ailments. Tailored therapies align with your body's unique constitution, as determined through consultation with our Ayurvedic physician.

### 3-Day Touch of Ayurveda Package: Nurturing Harmony

Embark on a transformative 3-day Ayurvedic journey, merging tradition and modernity for profound rejuvenation. .

#### Package Inclusions:

- Initiate with a 30-minute consultation with our Ayurvedic doctor, aligning your experience with your body's essence.
- Experience the nurturing touch of 2 sessions of Ayurvedic treatments, each spanning 45 minutes.
- Immerse in the richness of a 60-minute Ayurveda treatment, followed by a blissful 105-minute session.





## 5-Day Journey of Self-Realisation Package: Guiding Transformation

Discover a 5-day Ayurvedic odyssey, tailored to guide you towards profound change and a new path of self-realization.

### Package Highlights:

- Commence your journey with a 30-minute consultation with our Ayurvedic doctor, paving the way for transformative experiences.
- Immerse in the wisdom of 3 sessions of Ayurvedic treatments, each lasting 45 minutes.
- Elevate your experience with Ayurveda treatments spanning 60, 75, 105 and 120 minutes, accompanied by a soothing Mukhlepa session.
- Immerse in a 30-minute lifestyle recommendation session, aligning you with Ayurvedic principles.

## 7-Day Ultimate Ayurvedic Experience Package: Embrace Wholeness

Embrace a 7-day Ayurvedic sojourn, where body, mind, and spirit harmonize through ancient rituals and authentic wisdom.

### Package Highlights:

- Begin with a 30-minute consultation with our Ayurvedic doctor, paving the path for an authentic experience.
- Immerse in the wisdom of 3 sessions of Ayurvedic treatments, each spanning 45 minutes.
- Elevate your journey with Ayurveda treatments spanning 60, 75, 90, 105, and 120 minutes, personalized to your essence.
- Enrich your spirit through 30 minutes of meditation and the soothing Mukhlepa ritual.
- Ground yourself with a 60-minute customised massage, tailored to your preferences.
- Embrace a 30-minute lifestyle recommendation session, seamlessly integrating Ayurvedic wisdom into your life.





Unlock the secrets of ancient Ayurvedic wisdom with our rejuvenating packages, aligning your being with nature's rhythms. Embrace these transformative experiences that harmonize your body, mind, and spirit, a testament to Maradiva Spa's commitment to your holistic wellbeing.

## Reserve Your Wellness Oasis

For further inquiries and bookings, our spa team is ready to assist you. Please don't hesitate to reach out to us at Ext 1625.

## Your Spa Experience

Our spa extends an array of modern amenities, ensuring your comfort and convenience. Indulge in separate changing rooms for both men and women, complete with secure lockers, change and shower facilities. For your relaxation, we provide bathrobes, slippers, towels, and personal amenities. Our communal wet area offers a sanctuary for rejuvenation, featuring a Sanarium, Laconium, Hammam, Chill Pool, heated pool with Jacuzzi, and an outdoor shower.

## Opening Hours

Our spa sanctuary awaits you daily from 8:00 am to 8:00 pm, offering ample time for you to immerse yourself in serenity. Additionally, our fitness centre remains accessible around the clock, with a certified fitness instructor available from 8:00 am to 8:00 pm. Should you require assistance beyond these hours, simply contact the reception at Ext 0.

## Pricing Information

All prices quoted are in Mauritian rupees and are inclusive of 15% VAT. Experience the value of wellness, meticulously tailored to enhance your journey to rejuvenation. Thank you for choosing Maradiva Spa. Your path to holistic wellbeing begins here.

